

# **“Monday social”**



**Join us on Mondays at our friendly informal  
Group and enjoy activities & refreshments.**

**Every Monday 2—3:30pm**

**At**

**Silverdale Community Centre**

**The Downs, Wilford**

**Nottingham**

**Supported by**

**NG11 7EB**



Registered Company Number: 09253306

Registered Charity Number: 1178924